

Makotek News

MAKOTEK EMPLOYEE NEWSLETTER

AUGUST 2021



MARK YOUR CALENDARS...**SUMMER SCAVENGER HUNT IS BACK!**

Monday, Aug 30 - Friday, Sept 3

Have something important to share? Email us photos, announcements, etc. and we will feature it on social media! Email us at MakotekSocial@gmail.com

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MAKOTEK SUMMER Scavenger Hunt

MONDAY, AUG 30 - FRIDAY, SEPT 3



5 Individual Winners Will Each Take Home \$50!

**Individual winners selected randomly via drawing. See rules below*

Clues posted daily on Facebook @MakotekFL!

PRIZES

Winners Announced Week of Sept 6th!

- Each day you participate counts as one entry. If you participate one day, you get one entry. If you participate all five days, you get five entries. The more days you participate, the greater your chance of winning. (You can only get one entry per day and don't need to submit more than one photo per day.)
- Winners will be randomly selected in a drawing.

HOW IT WORKS

- #1 Make sure you're following @MakotekFL on Facebook (plus Instagram, Twitter & LinkedIn)!
- #2 The Scavenger Hunt Item of the Day will be posted on Makotek's Facebook page every day at 7 a.m.
- #3 Snap a photo with that item during the day—you must be in the photo!—then post that photo in the comments on the original post from that day. Post your picture each day before midnight.

THE FINE PRINT

- No photoshopping or photo editing. We want the contest to be simple, easy and fair. Take a photo, post your photo, that's how it works.
- Do not enter photos that were taken at an earlier date. Photos must be taken during the contest, on the day each item is posted. (There's no way for us to know for sure when your photos were taken but please respect this rule and the spirit of the contest, to make it fair for everyone.)
- Be safe. Do not take photos while driving, etc. Employees who do so will be disqualified.
- We will delete and disqualify photos that are not in the spirit of the Makotek Scavenger Hunt.

Manager's Column



CREATING A POSITIVE WORK ENVIRONMENT

Steve Dilly - GM Call Center, Longwood, FL

One of the most important things a manager can do is set the right tone. We've all heard horror stories about terrible jobs or bad managers. What these stories all seem to have in common is the presence of a negative workplace environment.

An employee's motivation to work is influenced by his or her environment, which means employees in a positive workplace environment produce better results. Here are five things you can do to help create a positive workplace environment:

Clear Communication

Good communication between a manager and employee is essential for a positive working relationship. Employees need to understand what their manager wants them to accomplish, but managers also need to understand what the employee expects from them. Communication must go both ways!

Listen to Employees' Suggestions and Ideas

Managers should encourage employees to voice ideas. Listening to these ideas shows that the employee is valuable and that their input is important. Make time in your morning meeting for employees to share and speak.

Recognize Hard Work

It is always a good idea to reward employees for their hard work or something they've done well. Acknowledgement shows appreciation and encourages other employees to strive for the same goal. Team meetings are a great time to do this.

Have Some Fun!

Work does not have to be all work, and you as the leader of the team can introduce elements of fun. Sometimes this is difficult to do with our workload and deadlines, but do your best to have competitions, team lunches, or employee birthday celebrations. These occasions demonstrate you care about more than the daily grind and allow your teams to see you as more than just a boss.

Lead the Way

Managers must set the tone. If you are grumpy and negative, your employees will follow your lead. That's why it's so important to be positive and thankful for everyone on your team and show your appreciation. Once you create a positive work environment, maintaining it becomes much easier.

Employees **OF THE MONTH**

JUNE 2021



MIDWEST - JAMES STEFAN - CLEVELAND, OH

James Stefan is back on top of the rankings again. This is James' 14th top tech award overall! James' focus on saving customers and picking up equipment is an example for all to follow. Keep up the great work, James!

~ Tim Dodd, GM



EAST - HARRISON SPAIN - CENTRAL NY

When you combine a sense of urgency and great communication skills with an overwhelming desire to win you get consistent success like this. Harrison is constantly recognized by the team for his individual success and consistency. This is just another wonderful moment for Harrison who is no stranger to success regardless of the obstacles.

~Mark Dodd, GM



FL & NYC - ELISON MOLINA - WEST FL

Elison has brought great skills and collection knowledge to Makotek since joining us. He has been a top performer almost from day one and continues to be at the top. Thank you for your effort and continued success. Congrats, Elison!

~Donnie Berry, GM



CALL CENTER - JOAN MUNDY - LONGWOOD, FL

Joan is one of our long-time veterans, serving Makotek for 8+ years. She is very deserving of the top rep award, working hard consistently every day to produce great results for herself and our client. Proud to have Joan on our team and hope to have her for another 8 years. Congratulations, Joan!!

~ Steve Dilly, GM.

SYSTEM OF THE MONTH



Central Florida JUNE 2021

Can't say enough about the CFL team. They continue to rise to the occasion and crush our goals. So many challenges faced, and overcome. From the team in the field to supervisors and general Managers, everyone pulls their weight as we all work towards a common goal and help keep Makotek as the premier vendor in business. Thank you, team, for all you do!

~Elvin Pena, Regional Director

The rankings include all techs with a ranking based on a combination of saves, money collected, disconnects, equipment recovered, and hours worked. Awards go to the Top Tech, in each of three regions. For being the winners, they will receive a Polo shirt, a Daypack, an Award Certificate, and an AmEx gift card. Please let your managers know if you have any feedback to improve future rankings. The standard has been set and everyone can look forward to new challengers next month.



Top Posts

FROM MAKOTEK SOCIAL MEDIA



FOLLOW US!



Send your photos to MakotekSocial@gmail.com to be featured!

6 REASONS YOU'RE NOT GETTING RESTFUL SLEEP

1

Screen Time: Electronic devices emit a blue light that suppresses the release of Melatonin, an essential hormone for regulating your sleep and waking cycle. The National Sleep Foundation recommends that you should stop using electronic devices at least 30 minutes before bedtime.

2

Stress: Continual stress in your daily life likely means you go to bed stressed too and leads to poor sleep. Try making time for hobbies to help reduce your stress like meditation, crafting, or exercising.

3

Aging: Aging impacts your circadian rhythm, your body's internal clock. Think back to when you were a kid - full of energy and able to go right to sleep! With aging, our bodies change and sleep cycles change as well.

4

Sleep Apnea: Having sleep apnea means you are repeatedly ceasing to breathe during sleep. Message a doctor to ask your questions about what this could mean for you.

5

Hormonal changes: Hormones and sleep have a complicated relationship. Hormone imbalances can cause sleep problems, but poor sleep can also trigger hormone issues. Having your hormones checked via a blood test can give you more information.

6

Smoking: Cigarettes cause damage to your airways and lungs, which can result in many ailments. Nicotine from cigarettes could also be keeping you up at night because it is a stimulant, so smoking before going to bed can prevent you from getting deep sleep.